

ADVENTURE RETHON

EQUIPMENT DEMOLISH CHECKLIST

Paddle Gear – Surfcoast Downwinder

- Kayak or surf ski
- Paddle
- Personal flotation device (PFD) **Mandatory.** Must be **L50 or Type 2 (or above)** *Small range available for purchase at Race HQ – NOT INFLATABLE*
- May need warm clothing (have it packed) in case it's cold
- High visible clothing
- Leg leash **Mandatory.**
- Flare (**Mandatory Ultra/Long Course Only**)
- Make sure your craft is in good order before race weekend