



ADVENTURETHON

Non-stop Multisport Action

Charters Towers

2nd July 2022

Competitor information book

Events 2022

ADVENTURETHON

Adventurethon returns this July with one of our favourite events: Adventurethon Charters Towers. Adventurethon incorporates 3 disciplines to provide competitors, their friends and families, with some breath-taking experiences both on and off course in a family friendly and positive atmosphere. Our multisport race format provides the opportunity to participate in all three disciplines as an individual, or to form teams and have fun with your mates.

For the fun-loving adventurer:

Juniors, and beginners to these awesome off-road sports, we have you covered. You can challenge yourself on shorter and technically easier courses by undertaking the Outback Enticer, a gentle introduction to offroad multisport.

Invite your friends and get social:

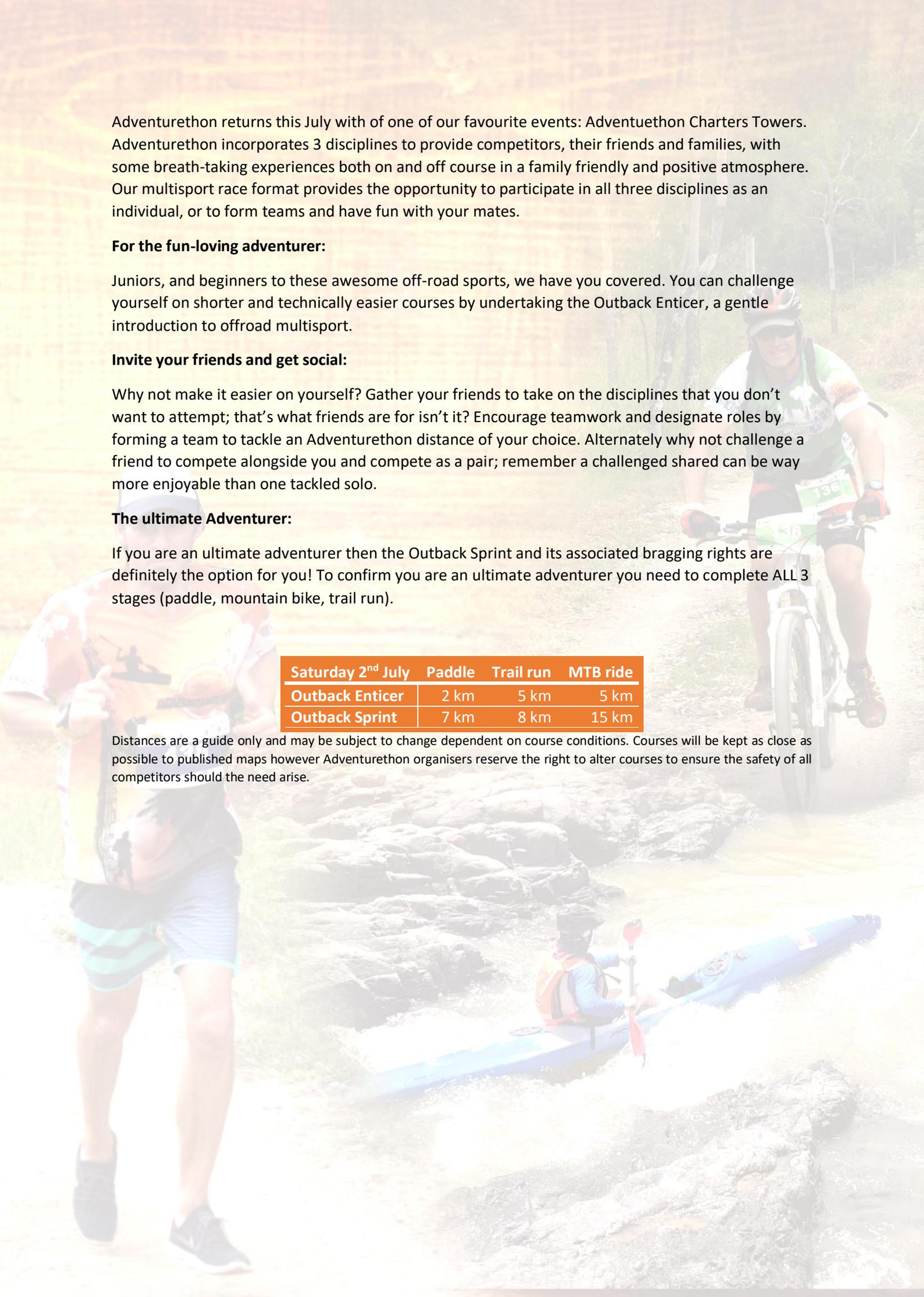
Why not make it easier on yourself? Gather your friends to take on the disciplines that you don't want to attempt; that's what friends are for isn't it? Encourage teamwork and designate roles by forming a team to tackle an Adventurethon distance of your choice. Alternately why not challenge a friend to compete alongside you and compete as a pair; remember a challenged shared can be way more enjoyable than one tackled solo.

The ultimate Adventurer:

If you are an ultimate adventurer then the Outback Sprint and its associated bragging rights are definitely the option for you! To confirm you are an ultimate adventurer you need to complete ALL 3 stages (paddle, mountain bike, trail run).

Saturday 2 nd July	Paddle	Trail run	MTB ride
Outback Enticer	2 km	5 km	5 km
Outback Sprint	7 km	8 km	15 km

Distances are a guide only and may be subject to change dependent on course conditions. Courses will be kept as close as possible to published maps however Adventurethon organisers reserve the right to alter courses to ensure the safety of all competitors should the need arise.

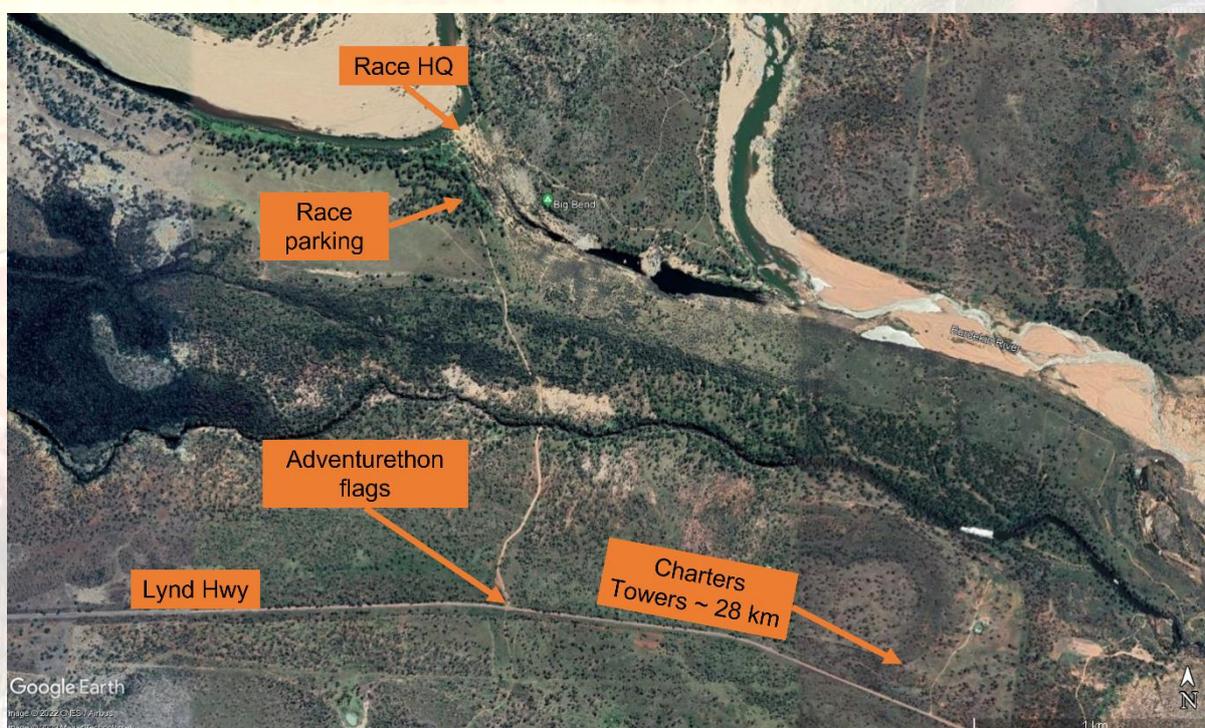


Location 2022

Adventurethon is conducting this multisport event in an interesting outback location to ensure we provide you with the best possible experience in off-road sport and adventure. On Saturday afternoon 2nd July Adventurethon Charters Towers kicks off. We will take you on a scenic journey around the spectacular Burdekin River where you will paddle, run and ride through some awesome and unique scenery and possibly paddle some adrenalin inducing, albeit small, rapids.

Race HQ

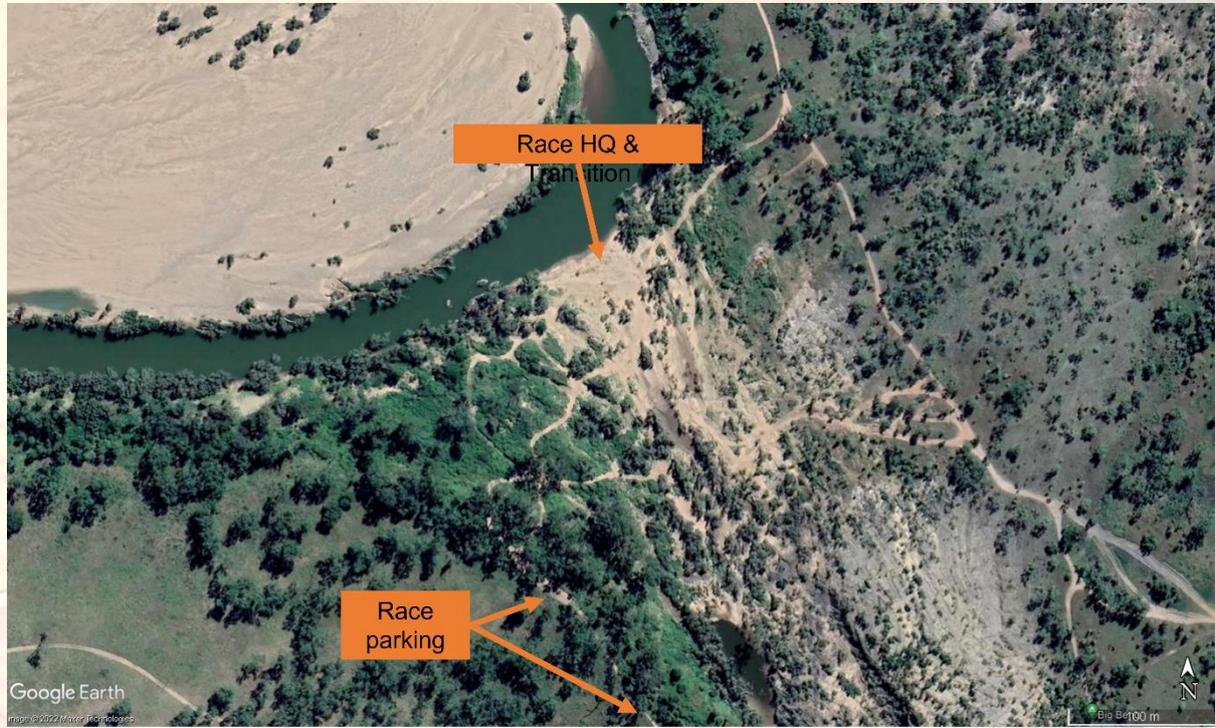
Race HQ opens Saturday 2nd July, **Race Day**, from 2:00 pm and concludes with presentations around 6:30 pm.



To get Big Bend take the Lynde Hwy north from Charters Towers for approximately 28 km (30 mins). The turn off is not sign posted so keep an eye out for the Adventurethon Flags on your right. Head down the gravel road for around 1.5 km to the marked parking areas and walk a short distance to Race HQ and Transition. Please do not block roads and access ways with vehicles.

Transition area

Transition is adjacent to the paddle start area alongside the Burdekin River.



Race Pack Pickup

Race packs contain your race number, timing chip etc., and can be collected from 2:00 pm, Saturday 2nd July at **Race HQ, Big Bend**. Join us there for a **chat, catch up with friends** and of course to **eavesdrop on competitors race plans** and to familiarise yourself with course maps.

There will be **MANDATORY race briefings for competitors before races**.

Maps will be displayed, and the event director will be available to answer questions.



NOTE: You must **attend in person** to collect your race pack and pre-ordered shirts (\$25 if ordered prior to 1st June; RRP \$35) and **sign indemnity forms**. Pre-order shirts during registration.

There are **no registrations on race day**. Those who want to compete must **register online before Thursday the 3^{0th} June**. This is to ensure all correct paper work is completed and filed.

Teams & Pairs



Each competitor in a team will have the same race number and this number will be passed between team members for their individual disciplines. Teams don't have to pick up their race packs together. **However, each team member will have to sign an indemnity form.** To compete as a pair you must remain together at all stages during the race.

Race Bibs

Each competitor is required to wear his or her race number at all times during the event. Each team/pair will be provided with a single number which must be worn by one member at all times (they can be picked up individually or all together, **BUT ALL TEAM/PAIR MEMBERS MUST SIGN AN INDEMNITY FORM**)



Weekend Schedule

You can download the complete weekend schedule [HERE](#)

Race withdrawals

If you withdraw from your race for any reason, please ensure that you inform the timing tent (near the finish line) as soon as possible. If you do not inform us that you have pulled out of the race we cannot remove volunteers from the course until you are accounted for and will have to deploy emergency services at your cost.

Outside Support

This race is a self-supported race, therefore it is required that you carry your own water and nutrition etc. Competitors receiving outside support (this includes their own drops of water/nutrition out on course prior to the race) from anyone other than race officials will incur a penalty resulting in them being unable to place 1st, 2nd or 3rd in their nominated category. This excludes mechanical, first aid support, or your nominated helper (with wristband) in dedicated transition areas to restock your drink/food

First Aid

First Aid will be available at Race HQ. Course marshals will also have First Aid kits. Ultra, Enduro and



Taste/Junior competitors are required to carry with them a minimum of **2 x compression bandages** on the ride and run courses. Bandages can be purchased at Race HQ. (please bring cash for purchases). Download mandatory gear lists [HERE](#).

It is also recommended that competitors carry their mobile phone where possible with the emergency number **0447 496 489** programmed in (run has limited mobile signal but SMS is possible in many key areas).

Medical Conditions

If you have a medical condition it is **your responsibility** to reduce any risk to yourself. You must carry on you any medications that you may require. Please detail on the back of your race bib any notes regarding your condition in the event of an emergency. If you have any other special requirements, please email our Event Director at info@adventurethon.com.au with sufficient time before the event.

Camping

Big Bend is a great bush camping area so why not bring your swags and settle in for a fun weekend. Chat and get to know your competitors and their tactics, learn about their experiences and have a good laugh as the stories roll out. Cheer on the Gauntlet athletes as they finish their cycle and trail run on Saturday, then cheer them off on Sunday morning as they paddle off to Charters Towers.. Sunday the bravest of the brave run through after riding and running from Charters Towers that morning, then after the briefest of recoveries, jumping into their boats to paddle back to Charters Towers.

Environmental Policy

It is important to protect the environment we play in so that we, and our children, can continue to play there into the future. Weeds brought in from other areas have the potential to harm the natural balance of the area. **Ensure all gear and equipment is clean before arriving at the event.** You should also remember the same applies to your local areas so why not clean your gear before returning home as well?

Please do not drop litter around our courses. The tops off gel pouches are particularly problematic so please tuck them deep into your pockets/clothing/race vest along with all other rubbish so we don't have to collect them after the event.

Plastic

Adventurethon Australia has a policy on plastic, we aim to reduce, reuse and recycle. Adventurethon Australia is proud of the country we live in and are committed to keeping our environment as clean as possible. For this reason we ask you to please minimise the amount of plastic you bring with you as much as possible. We also ask that our athletes look at the positives of being green and support us by ensuring that no plastic is released into the environments surrounding our events.

Live Results

For love ones and friends who can't make it out to support, or want to know your results, live results (where possible) will be provided on this link: <http://results.durt.com.au/events/advct2022>

Photographs

If you have a loved one who wants to take photos we can arrange to put them in the best spots, just let us know. We try to get as many photos of competitors as possible so if any spectators take photos or videos that they are happy for us to use they can take them to Race HQ and we can copy them onto a computer (they will need to have photos on an SD card or have a USB cable for camera). Alternatively, email to admin@adventurethon.com.au. If you have a Go Pro or similar we would love to have some footage of the course. We welcome **drone pilots** at our events but please talk to the event organisers at race HQ before deploying your craft.

Social Media

Make sure you check out our social media pages. Since we are in a rural destination live updates will be harder than usual, though this doesn't stop you from adding your support to love ones and uploading photos to our wall. Media hits help attract sponsorship and funding to keep our events returning to your area so please be sure to include our hashtags when you post.

Facebook: www.facebook.com/adventurethonaustralia

Twitter: www.twitter.com/Adventurethon

Instagram: <http://www.instagram.com/Adventurethon>

[#Adventurethon](https://www.instagram.com/Adventurethon)

Spectators



For all you need to know about where the best spots to spectate you can do ask Adventurethon staff at the events and they will assist.

Parking

There will be a designated parking areas at all locations, please look for signs and stick within these parking zones

Amenities

Porta-loos will be available at Race HQ.

Rubbish receptacles will be located at Race HQ.

Presentations

Presentations for all stages will be on site at each Race HQ and will start shortly after the final competitor finishes. Competitors that finish 1st, 2nd and 3rd in each distance and age category will be awarded medals, and all those that complete the course will be awarded a finishers medallion.

Sponsors

TOURISM
& EVENTS
Queensland

Outback Enticer

Saturday 2nd July 2022

Race Check In

Before starting your race you **must check in with race HQ** to collect your race pack. This is to ensure we know precisely how many competitors are on course. You can do this any time up to 30 mins prior to race start. You must attend the **mandatory** race briefing.

Failure to carry mandatory equipment = immediate disqualification

Maps

Both Enticer and Sprint will be using some common parts of the course; Please ensure you are familiar with any turns/deviations required for **your** race.

Download maps [HERE](#), or view in Google Maps [HERE](#).

Time

Event	Race Briefing	Location	Race start
Outback Enticer	2:45 pm	Race HQ	3:00 pm

Weather Altered Courses

All events can be affected by weather and will be modified if management feels necessary. Race organizers will inform all competitors with a briefing prior to the race of any course changes. We have the discretion to change things to protect the environment and competitors.

If you feel the weather conditions are beyond your abilities, you can change to an easier course by emailing registrations@adventurethon.com.au or see Race HQ.

Outback Sprint

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Mandatory Equipment

Failure to carry mandatory equipment = immediate disqualification

Paddle

It is mandatory that at all Adventurethon Events athletes carry water.

Mandatory ALL COURSES

- Kayak, surf ski, canoe, SUP, Outrigger etc – trailing rudder or no rudder only.
- Paddle
- Personal flotation device (PFD) **Must be L50 or Type 2 (or above)**– **INFLATABLE PFDs ARE NOT ACCEPTABLE.** A Small range is available for purchase at Race HQ
- Helmet (must be Australia Standards Bike helmet or Whitewater helmet)
- Water/Hydration

Highly recommended

- Booties or similar should you need to portage or walk out
- Sunglasses, sun protection, sunscreen, and gloves in case you need to push off bushes
- High visibility clothing
- Gaff/cloth tape, cable ties, etc. in case repairs are needed
- **Phone with emergency HQ contact 0447496489**

Run

It is mandatory that at all Adventurethon Events athletes carry water on them.

Mandatory ALL COURSES

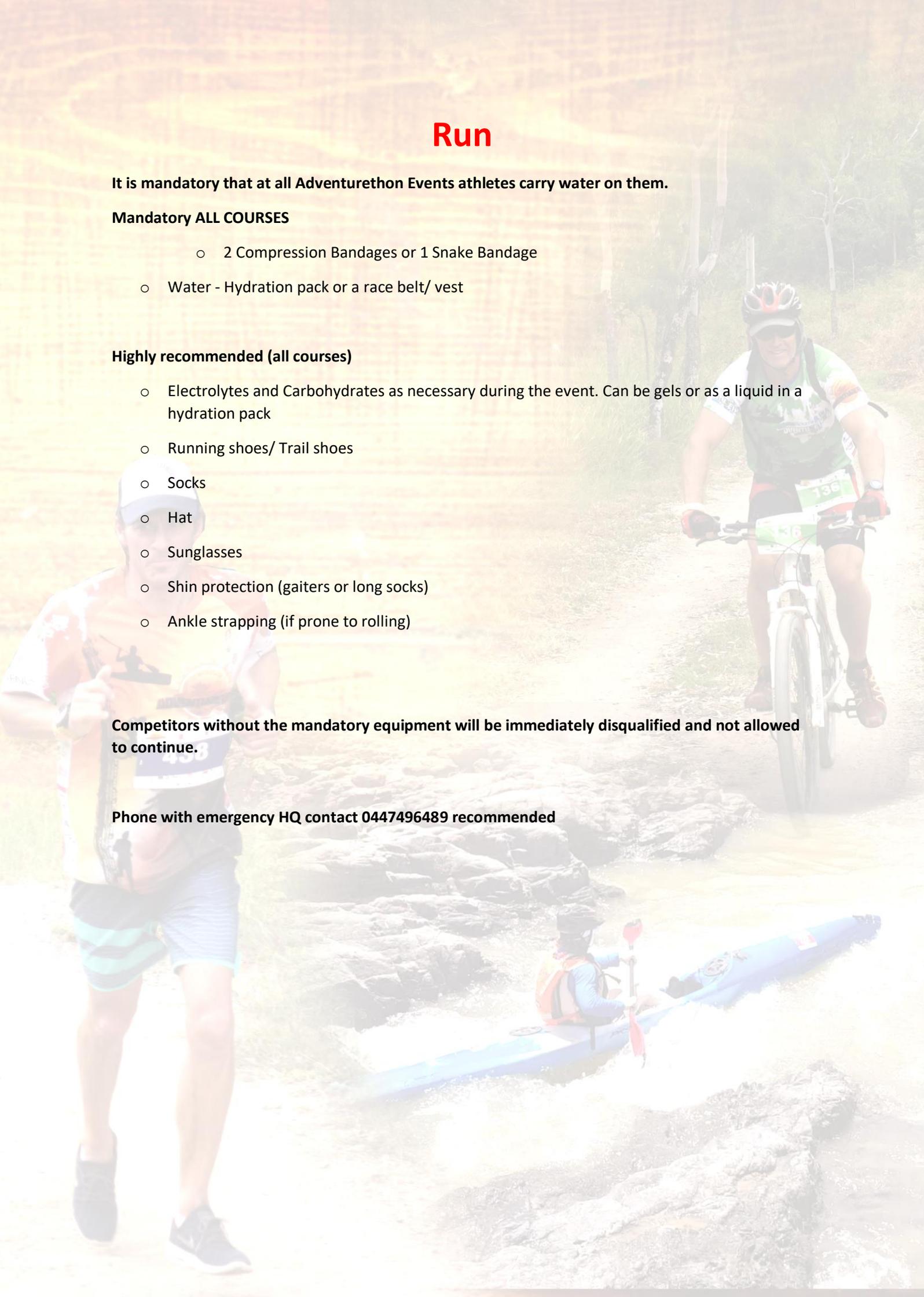
- 2 Compression Bandages or 1 Snake Bandage
- Water - Hydration pack or a race belt/ vest

Highly recommended (all courses)

- Electrolytes and Carbohydrates as necessary during the event. Can be gels or as a liquid in a hydration pack
- Running shoes/ Trail shoes
- Socks
- Hat
- Sunglasses
- Shin protection (gaiters or long socks)
- Ankle strapping (if prone to rolling)

Competitors without the mandatory equipment will be immediately disqualified and not allowed to continue.

Phone with emergency HQ contact 0447496489 recommended



Ride

It is mandatory that at all Adventurethon Events athletes carry water on them

Mandatory ALL COURSES

- Mountain Bike (aim for at least front suspension)
- Australian Standards Bike Helmet
- 2 Compression Bandages or 1 Snake Bandage
- Water (a hydration pack is recommended as the handling is safer when riding)
- Equipment to repair flat tyre (at least 1 set required). Equipment will vary depending on bike set up but includes pump, CO2 canisters, tubes, foam or slime, tyre levers etc **WARNING – this course has lots of prickles, be prepared for flat tyres, tubeless set up is highly recommended.**
- **Highly recommended**
- Electrolytes and Carbohydrates as necessary during the event CAN BE GELS or as a liquid in a hydration pack
- Mountain bike shoes
- Mountain bike gloves
- Chain breaker and multi tool (for MTB repairs on the go)
- Spare chain link
- Cycle top or endurance tri top with room for nutrition storage
- Tri shorts or cycle shorts (Available to purchase online – <http://www.adventurethon.com.au/store>)
- Sunglasses
- Sun protection/sunscreen

Phone with emergency HQ contact 0447496489 is recommended

Merchandise

Official Race Merchandise will be for sale at Race HQ for each event. You can secure your Merchandise order online to ensure your size is available.

Of course official ADVENTURETHON merchandise is always available. Just pop over to our online store to see what clothing and equipment is available: <https://adventurethon.com.au/shop-all-products/>. Be sure to bring CASH for any payments.

Adventurethon Volunteers

We use over 40 volunteers in the lead up to, and over, the weekend to make this event safe and fun for everyone. If you are interested in volunteering for an Adventurethon event contact our volunteer coordinator tamara@adventurethon.com.au or register online at <https://adventurethon.com.au/volunteer/> and receive an entry equivalent to your volunteer status.

Thank you to the people who have volunteered for Adventurethon in the past, maintaining trails, marking tracks, setting up and packing away equipment and contributing during race weekend.

