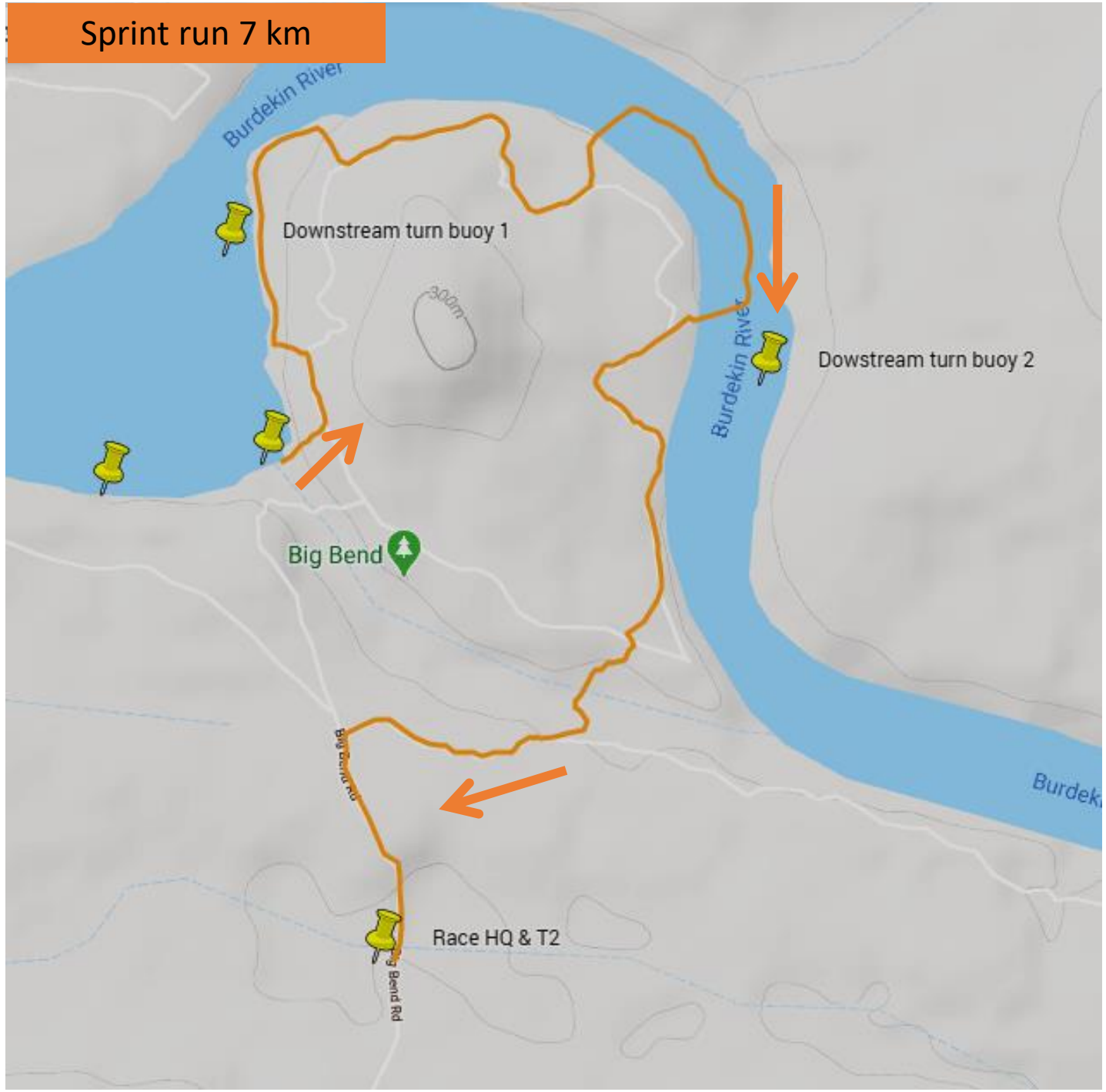Sprint run 7 km